...a. Strg Summer Time Trials 2023

(Promoted for and on behalf of Cycling Time Trials under their rules and Regulations)

...a3crg Presents the Nifty Fifty Time Trial

Sunday 4th June 2032 on the P881L/50 (A3)

The Headquarters are at the Greatham Village Hall Greatham GU33 6EU

HQ open from 5.45am.

Timekeeping crew: Kathleen Collard-Berry, Maria Golden, Martin Whitty

Start Line Stewards:

Marshals & Crew: Richard & Christopher Wagstaff, Christina Dove & Crew

Signage: Mike Garner & dcb

Signing on: Sarah Matthews

Catering: a3crg team

Results: Provisional results available on-line during the event via

https://www.resultsheet.co.uk

National Road Bike Regs: No Aero Bars, No Disc wheel or wheels deeper than 90mm.

CTT Regs: Working, and switched on, front and rear lights, and a helmet, are mandatory in all CTT events.

COVID-19 CTT INSTRUCTIONS

Do not attend if you/your family members have symptoms and/or feel unwell

Although the Covid-19 Protocols have been dropped cases are on the rise so please show courtesy to fellow riders & crew i.e. be considerate with any affectionate greetings. Please be sensible about social distancing, we will keep the doors open at the HQ to allow circulation of fresh air.

Once you have finished your race you will be asked to return your number & sign out, back at the HQ. Please stay for a quick prize giving which will take place shortly after the last rider has finished (and returned their number!).

Parking – Please use the car park at the Village Hall and overspill field, be aware this is a residential area & many will (sensibly!) still be in their beds so please keep the noise levels down, no noisy turbos please. Be aware this is a residential area, no parking in the vicinity of Greatham Church as they also have an event on.

Warming up

Please no warming up on turbos where you will disturb local residents before 07.00. Farnham Road close to the start is a good place to warm up.

IN TH INTERESTS OF YOUR OWN SAFETY, Cycling Time Trials and the event promoters require you to wear a HARD-SHELL HELMET that meets an internationally accepted safety standard. It is also <u>compulsory</u> that WORKING FRONT & REAR LIGHTS, either flashing or constant, are fitted to the machine in a position visible to road users and are active while the machine is in use at all times.

Route to the start

Allow 15/20 minutes to get the Start: Turn right out of the HQ & head towards the A3, cross Ham Barn Roundabout taking the second turning onto Farnham Road & go straight on passing the turning into Liss Village. At the bottom of the hill take the first exit at the small roundabout & after approximately 200 yards you will find the start

Route back from the finish

Once you cross the finish keep moving and DO NOT turn round, just continue on Farnham Road then take the first right towards Greatham Village Hall.

Course Description P881L/50

Course Records: Men TT bike – Chris McNamara 01:34:07 (2022)

Women TT bike – Claire Emons 01: 56:29 (2022)

Lap 1: Start on Farnham Road at the junction with the Princes Bridge Interchange. Turn left onto the Interchange which goes over the A3 and proceed down the sliproad to the northbound carriageway of the A3.

Continue along A3 to Ham Barn roundabout keeping in the middle lane. Take the 2nd exit continuing north on the A3. Continue past exits to: Farnham Bordon A325; Griggs Green and past Liphook Services then take the next exit signposted Liphook/Haslemere B2131 (6 miles).

Follow the slip road over the flyover (over the A3) taking the left turn onto the slip road to rejoin the A3 in a southerly direction (signposted Petersfield/Portsmouth). Continue past Liphook Service station, Griggs Green exit and Longmoor interchange to Ham Barn roundabout and take the second exit to continue on the A3 southbound.

Continue on A3 past exits to Liss B3006; Petersfield, Midhurst A272; Winchester A272 Alton A32, and continue to the exit signposted Buriton (18.8 miles). Take this exit, follow the sliproad to the roundabout and take the first exit to go under the A3 up the sliproad on the other side to the northbound carriageway heading towards Guildford. Continue northbound on the A3 passing exits for Winchester A272 Alton A32; Midhurst A272; Petersfield and Liss B3006. *You have now completed lap 1*.

Lap 2: Repeat Lap 1 by continuing north to the Liphook/Haslemere B2131 exit (31.1 miles), then south to the Buriton exit (43 miles). When you pass the turning to Liss B3006 (*end of Lap 2*) continue north towards Ham Barn roundabout. When approaching Ham Barn roundabout keep in left hand lane. Take the 1st exit from Ham Barn roundabout and

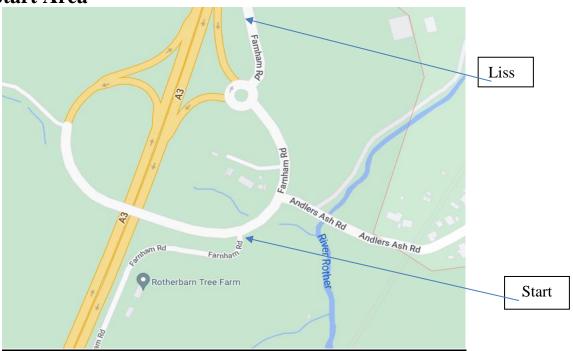
FINISH on B3006 Farnham Road, at lamp post no 3 just before the entrance to Ham Barn Business Park (50 miles).

Please DO NOT pull into the entrance of Ham Barn Business Park or stop near the finish.

Procedure During the Event:

- Please use a rear and front light & switch them on
- If caught, ease back; do not take pace on the wheel of the rider who caught you
- If passing a rider, please make sure the effort is enough to pass completely
- Look where you are going, keep your head up & please don't hog the carriageway, **keep to the inside lane at all times**. We will have people out spotting riders with their heads down.
- **Trigger Warning:** There will be Flashing Lights, maybe loud bangs going past the firing range or from unwelcome punctures, this will be followed by bad language.

Start Area



Prizes				
Overall & Women	1 st	2 nd	3 rd	4 th
Road Bike	1 st			
Vets	1 st	2 nd		
Teams	1 st	2 nd		

Rider List and Start Times

Num	Rider	Team/Squadra/Club	Grp	Mac	Départ
19	Vernon Schutte	Farnborough & Camberley CC	M-F	RB	06:49
20	Christopher, Rosam	Epsom CC	М-Е	TT	06:50
21	Vernon Thomas	Greenwich Tritons Tri Club	М-Н	TT	06:51
22	Stephen Skinner	Velo Club St Raphael	M-F	RB	06:52
23	Vick Stockdale-Powell	Portsmouth Triathletes	Sen-30	TT	06:53
24	Simon Hall	Crabwood Cycling Club	M-C	TT	06:54
25	Peter Main	34 Nomads CC	M-D	TT	06:55
26	John Hyde	Velo Club St Raphael	M-C	TT	06:56
27	Tony Reeves	GS Stella	M-C	TT	06:57
28	Stephen Wilkinson	Vanelli-Project GO	M -D	TT	06:58
29	Karl Roberton	Worthing Excelsior CC	M-B	TT	06:59
30	Richard Tully	Elite Cycling	M-B	TT	07:00
31	Greg Funnell	Eastbourne Rovers CC	M-A	TT	07:01
32	Kevin Plummer	Team TMC	M-D	TT	07:02
33	Peter Iffland	Chippenham & District Wheelers	M-D	TT	07:03
34	Stuart Thompson	Velo Club St Raphael	М -В	TT	07:04
35	Rachel Waite	North Hampshire RC	W- A	TT	07:05
36	Tim Lewis	Paceline RT	M-B	RB	07:06

37	Anita Turner	Eastbourne Rovers CC	W-C	TT	07:07
38	Malcolm Cox	Velo Club St Raphael	M-D	RB	07:08
39	Josie Smailes	Velo Club Venta	WS-23	TT	07:09
40	James Harris	Catford CC Ltd	M-A	TT	07:10
41	Kirsty McSeveney	a3crg	W-A	TT	07:11
42	Peter Madarasz	Team TMC	M-A	TT	07:12
43	Nigel Pratt	Velo Club St Raphael	M-C	TT	07:13
44	Adam Rogers	Eastbourne Rovers CC	M-B	TT	07:14
45	Simone Mitchell	a3crg	WS-34	TT	07:15
46	Paul Tippett	Crawley Wheelers	M-B	TT	07:16
47	Chris Lord	Brighton Excelsior CC	M-G	TT	07:17
48	Emma O'Toole	DHC (Districts of Hamwic CS)	WS-30	TT	07:18
49	Matt Fisher	HUUB WattShop	М-В	TT	07:19
50	Peter Younghusband	Petersfield Triathlon Club	M -D	TT	07:20
51	Claire Emons	a3crg	W- C	TT	07:21
52	Adrian Blacker	VTTA (Surrey/ Sussex)	M-D	TT	07:22
53	Nathan Russell	trainSharp	Sen-34	TT	07:23
54	Anya Tamplin	Loughborough Lightning / TRG	WS-22	TT	07:24
55	John Franklin	Twickenham CC	Sen-37	TT	07:25
56	Lee Williams	FTP (Fulfil The Potential) RT	Sen-38	TT	07:26
57	Lizi Brooke	Wahoo Le Col	WS-33	TT	07:27
58	Liam Kemp	Southampton University RCC	Sen-25	TT	07:28
59	Stuart Bettis	Precise Performance RT	Sen-38	TT	07:29
60	Alex Clay	Team Bottrill	WS-27	TT	07:30
61	Tom Thornely	FTP (Fulfil The Potential) RT	M-A	TT	07:31
62	David Clark	Eastbourne Rovers CC	M-C	TT	07:32
63	Peter Oliver	ZeroBC Race Team	M-D	TT	07:33
64	Steven Cottington	Bath Cycling Club	М-Е	TT	07:34
65	Anthony Jones	VMCC powered by Y Beic	M-B	TT	07:35
66	Henrik Persson	FTP (Fulfil The Potential) RT	Sen-39	TT	07:36
67	Simon Smith	ZeroBC Race Team	M-B	TT	07:37
68	Liam Maybank	Twickenham CC	M-C	TT	07:38
69	Neil Mackley	a3crg	M-D	TT	07:39
70	Simon McNamara	Sigma Sports Cannondale RT	M-B	TT	07:40
71	Howard Shaw	trainSharp	Sen-37	TT	07:41
72	Stuart Hourigan	VeloRefined Rule 5	M-B	TT	07:42
73	Andrew Rivett	Velo Club St Raphael	M-C	TT	07:43
74	Howard Bayley	Blazing Saddles	M-B	TT	07:44
75	Paul Burton	Paceline RT	M-A	TT	07:45

Event Secretary: David Collard-Berry, 59 Midhurst Road Fernhurst Haslemere GU27 3EN Tel. : 01428 651843 ~ mobile : 07770 885428 ~ email dcb@a3crg.co.uk